



"Nova Scotia Home Cooking"

The Sandwich Board

served 11:30 - 5:00, except where noted

Red Shoe Burger...\$11 (So Good its Available All Day!)

A char-broiled 8 oz patty of hand formed seasoned ground beef, served with lettuce, tomato, red onion, roast garlic aioli
Add: Cheddar...\$1.50 Blue Cheese...\$2.50 Bacon...\$2

The Red Shoe Club...\$14

Warm grilled chicken sandwich with ripe tomato, crisp bacon, cheddar cheese and avocado mayonnaise on focaccia bread

Grilled Vegetable and Goat Cheese...\$11

Char grilled zucchini, red onion, mushroom, peppers, chevre & feta cheese with artichoke aioli on warm crusty flat bread

Cold Salmon Salad Plate...\$13

Grilled salmon salad dressed in lemon mayonnaise, served alongside house made Irish brown soda bread, cold vegetables and lightly dressed greens

Pulled Pork Sandwich...\$12

Pork shoulder dry rubbed with a special blend of spices is roasted slow-and-low for hours, bathed in Sweet & Spicy Barbecue Sauce served on a lightly toasted bun, topped with our own tangy slaw

All sandwiches served with choice of french fries, cup of soup or mixed field green salad, except where noted. For an additional charge substitute Sweet Potato Fries...\$2.50 Mabou Seafood Chowder...\$3 Caesar Salad...\$3 Spinach Salad...\$3 Gravy...\$1

Soup & Salads available all day

Mabou Seafood Chowder...\$11

Light, creamy broth loaded with local seafood, sweet corn and chunks of potatoes, served with our famous warm cheddar biscuit

Chef's Soup of the Day...\$7

Made from scratch, inspired by local ingredients, served with bread and butter

Spinach Salad...\$9

Fresh baby spinach with spiced pecans, goat cheese and pickled red onions, drizzled with honey buttermilk dressing

Classic Caesar Salad...\$9

Crisp, sweet romaine leaves tossed with our own tangy dressing and topped with fresh parmesan, crisp bacon and herbed croutons

Mixed Field Greens...\$7

Seasonal garden greens and vegetables dressed in our house Lemon-blueberry vinaigrette
Add grilled chicken or salmon to any salad for an additional...\$5

Pub Favourites available all day

Steamed Maritime Mussels...\$12

Mild Coconut Curry or Red Shoe Ale, Garlic and Bacon, served with bread and butter

Pair of Shoes...\$10

Left Shoe – Summer vegetable bruschetta with chevre
Right Shoe – Fresh house-made hummus, served with grilled flat bread

Nova Scotia Poutine...\$11

Crisp french fries topped with herb-roasted chicken, aged cheddar and a rich roast chicken gravy

Buffalo Wings...\$11

A dozen crispy, hot, juicy wings with your choice Medium, Hot, Honey-Garlic, or Sweet & Spicy Barbecue Sauce. Accompanied by fresh vegetable sticks and choice of house made Blue Cheese or Ranch dip

Spicy Barbecued Pork Riblets...\$10

Half a pound of dry rubbed and roasted pork riblets tossed in our Sweet & Spicy Barbecue Sauce

Fish and Chips...\$13 2-piece \$10 1-piece (Available All Day!)

Locally caught haddock fried in our own Red Shoe Ale batter. Served on a pile of chips with house made tartar sauce and tangy cole slaw

Main Courses available 5:00 - 9:30

Steak Frites...\$22

A 8oz New York Strip, grilled to your specifications, topped with an herb & shallot compound butter and red wine sauce. Served with crisp "frites" and fresh seasonal vegetables

Pan Seared Scallops & Bacon...\$17

Pan Seared Scallops served with a leek and pea fondue, sauteed potatoes, drizzled with a warm bacon vinaigrette

Thick Cut Pork Chop...\$18

Grilled bone-in pork chop served with apple chutney, creamy mashed potatoes and butter braised cabbage

Mediterranean Vegetable Penne...\$14

Tossed in tomato sauce with tender artichoke hearts, fresh cherry tomatoes and fruity black olives, finished with a fresh herb vinaigrette and Parmesan cheese. Add grilled chicken or salmon for an additional...\$5

Char-broiled Salmon...\$18

Filet of Atlantic Salmon grilled to perfection and served on a warm seasonal vegetable salad with sauteed potatoes and light citrus vinaigrette

Mushroom Stuffed Chicken...\$18

Pan roasted chicken breast supreme stuffed with fresh herb and forrest mushroom ragout, served with a pan reduction sauce, creamy mashed potatoes and seasonal fresh vegetables

Please advise your server of any food allergies prior to ordering.

The Red Shoe Pub is proud to support our local farms and fisheries. Periodically, we may alter our menu to make the best of seasonal availability.