



"Nova Scotia Home Cooking"



The Sandwich Board

served 11:30 - 5:00, except where noted

All sandwiches served with choice of french fries, cup of soup, or mixed field green salad.

For an additional charge of \$3, substitute:

Sweet potato fries, Mabou Seafood Chowder,
Caesar salad, or Spinach salad.

Red Shoe Burger...\$12 (So Good its Available All Day!)

A char-broiled 8 oz patty of hand formed seasoned ground beef, served with lettuce, tomato, red onion, roasted garlic aioli
Add: Cheddar...\$1.50 Blue Cheese...\$2.50 Bacon...\$2

Grilled Vegetable and Goat Cheese...\$12

Grilled zucchini, red onion, mushroom, peppers and chevre with artichoke aioli on warm flat bread

Pulled Pork Sandwich...\$12

Pork seasoned with a special blend of spices and roasted slow-and-low for hours, bathed in Sweet & Spicy Barbeque Sauce served on a lightly toasted bun, topped with our own tangy slaw

The Red Shoe Club...\$14

Roasted chicken breast with lettuce, ripe tomato, crisp bacon, cheddar cheese and avacado mayonnaise on grilled focaccia bread

Soup & Salads available all day

Mabou Seafood Chowder...\$12

Rich, creamy broth loaded with local seafood, vegetables, sweet corn and chunks of potatoes, served with a fresh homemade biscuit

Chef's Soup of the Day...\$7

Made from scratch, inspired by the seasons freshest ingredients, served with bread and butter

Spinach and Apple Salad...\$9

Fresh baby spinach, crisp apples, spiced candied pecans dressed in an apple cider vinaigrette

Classic Caesar Salad...\$9

Crisp, sweet romaine leaves tossed with our own tangy dressing and topped with fresh parmesan, crisp bacon and house made croutons

Mixed Field Greens...\$8

Seasonal garden greens and vegetables dressed in our house Lemon-blueberry vinaigrette

Add roasted chicken breast or Atlantic salmon to any salad for an additional...\$5

Fish and Chips...2-piece \$14 1-piece \$11(Available All Day!)

Locally caught haddock fried in our own Red Shoe Ale batter. Served on a pile of chips with our Remoulade sauce and tangy slaw.

Pub Favourites available all day

Pair of Shoes...\$11

Left Shoe – Summer vegetable bruschetta with chevre
Right Shoe – Fresh house-made hummus
Served with grilled flat bread

Steamed Maritime Mussels...\$13

Steamed in Red Shoe Ale, Garlic and Bacon,
Served with bread and butter

Nova Scotia Poutine...\$11

Crisp french fries topped with rich homemade gravy and cheddar cheese curds

BBQ Pork Fries...\$12

Sweet potato fries topped with slow cooked Sweet & Spicy BBQ pork and cheddar cheese curds

Buffalo Wings...\$13

A dozen crispy, hot, juicy wings, your choice of: Medium, Hot, Honey-Garlic, or Sweet & Spicy Barbecue Sauce. Accompanied by fresh vegetable sticks and choice of house made Blue Cheese or Ranch dip

Main Courses available 5:00 - 9:30

Pan Seared Scallops & Bacon...\$19

Pan Seared Scallops served with sauteed potatoes, leeks and peas, drizzled with a warm bacon vinaigrette

Thick Cut Pork Chop...\$18

Grilled bone-in pork chop served with whiskey-apple chutney, creamy mashed potatoes and seasonal vegetables

Mediterranean Vegetable Penne...\$16

Tossed in tomato sauce with tender artichoke hearts, fresh cherry tomatoes and fruity black olives, finished with a fresh herb vinaigrette and Parmesan cheese. Add roasted chicken breast or Atlantic salmon for an additional...\$5

Grilled Atlantic Salmon...\$18

Filet of Atlantic Salmon char-broiled, served on a warm salad of sauteed potatoes and fresh seasonal vegetables, topped with a light citrus vinaigrette

Chicken Pot Pie...\$17

Homemade buttery, flaky pastry filled with a rich stew of herb-roasted chicken and fresh vegetables served with creamy mashed potatoes

Please advise your server of any food allergies prior to ordering.

The Red Shoe Pub is proud to support our local farms and fisheries. Periodically, we may alter our menu to make the best of seasonal availability.

 **Red Shoe Favourites**